Kids invited to Join Free Summer Reading and Walking Challenge

Looking to motivate your child to read and exercise this summer? Track My Steps—a nonprofit with a mission to support quality N.C. education—invites rising kindergartners through 6th graders to join a summer-long literacy and fitness challenge. Youth are invited to head to Chavis Community Park in Raleigh every Monday at 6 p.m. through Aug. 3. to listen to stories read by community leaders and to enjoy fitness fun, including yoga.

The "Treats on the Trail" Reading and Walking Challenge is designed to head off the "summer" slide, learning losses experienced by kids who don't read over the summer. The challenge features field day style activities, reading games, summer bridge activity books, prizes and snacks. Online or on-site registration is required. To register, visit www.trackmysteps.org or call (919) 576-9867. All registrations will be entered into a raffle. A celebration on Saturday, Aug. 8, 10:30 a.m.-1:30 p.m. will feature a free backpack and school supply give-away. If you're interested in giving donation for backpacks and supplies, contact Track My Steps office. Track my Steps is also looking for volunteers to help at the Aug. 8 event and beyond. Volunteers of all ages can apply. Parents have to sign a permission form for student volunteers under the age of 18 and must accompany students under the age of 12. For more information on volunteering, browse this link.



The program's sponsors and collaborators include BB&T, Raleigh Parks and Recreation and Cultural Resources, You Call This Yoga, We are One Community Outreach, Wake County Public School System, Y.O.G.A. for Youth North Carolina and Jokhyki Enterprise. Chavis Community Park is located at 505 Martin Luther King Jr. Blvd. Learn more at www.trackmysteps.org and view the video invitation here.

Scholastic's Summer Reading Challenge

If you can't make it out to Chavis Community Park but you'd like to encourage your child to keep reading, check out



Scholastic's Summer Reading Challenge.

Kids can register at this link, and log their minutes of reading to earn rewards.

Parents will also find free book lists, activities and tips as well as weekly prizes at this link.

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