



Name: _____ 2015-16 School Name _____ Grade: _____

SUMMER READING AND FITNESS LOG SHEET

On the chart below, please fill in the number of minutes that your child read either silently or aloud to anyone and the minutes your child spent in active or recreational play, for each day. At the end of each week, total the minutes read, fitness activity done for the week, and parents/guardians initial. Save your log to turn into Track My Steps celebration on August 8th for special prizes, certificates and awards.

Week of	Activity	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Total Minutes	Parent Initials	Sticker
June 7 th	Reading										
	Fitness										
June 14 th	Reading										
	Fitness										
June 21 st	Reading										
	Fitness										
June 28 th	Reading										
	Fitness										
July 5 th	Reading										
	Fitness										
July 12 th	Reading										
	Fitness										
July 19 th	Reading										
	Fitness										
July 26 th	Reading										
	Fitness										
Aug. 2 nd	Reading										
	Fitness										
Total Minutes of Reading and Fitness Challenge		Add your weekly reading and fitness minutes for a grand summer total!									

Please help your child to make his/her goal to read at least 15 minutes per day throughout the 9 weeks until summer celebration on August 8th. Although we will not log your child's progress for the entire 11 weeks of summer vacation we highly encourage you to ensure your child reads 11 weeks of summer vacation. Family members reading to him or her will not count but is encouraged as extra reading time for family enjoyment and practice. We suggest asking questions about a book your child has read while you participate in a fitness activity together.

Thank you for your support in the **2015 Treats on the Trail Summer Reading and Walking Challenge**. Have a positive and productive summer of reading together as a family!